

Community Grants Application Guidelines



What is the Northern Regional Wellness Coalition?

The Northern Regional Wellness Coalition is comprised of community-based organizations, agencies and government departments. The goal of our coalition is to improve the wellness of our residents. The document, Achieving Health and Wellness, is a Provincial wellness plan for Newfoundland and Labrador that aims to improve the health of the province and help residents achieve their optimal state of wellness. In keeping with this ideology, the Coalition is continuing with initiatives that promote and support **healthy living, healthy environments and mental health.**

What is the purpose of Community Grants?

The purpose of Community Grants is to provide monetary and resource supports to encourage community involvement and action to promote the three priority areas previously mentioned. To help accomplish this, promotional items can be available (please see budget section of application).

Who is eligible to apply?

Our Community Grants will target non-profit groups/individuals who are working to promote wellness in their communities. Eligible groups/individuals may include but are not limited to:

- School Councils
- Family Resource Centres
- Community groups/centers providing services to children/youth
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Please note:

Eligible groups must be operating from the geographical area served by the Northern Regional Wellness Coalition. The Coalition serves a rural region that is broken into two parts by a geographic barrier: the Strait of Belle Isle. On the western side of the Straits is the south Labrador Coast, from L'Anse-au-Clair to Norman Bay. On the eastern side of the Straits, the Coalition serves communities from New Ferolle/Reef's Harbor on the west side of the Northern Peninsula, up the coast and around to the east side as far down as Englee in the White Bay area.

Are there deadlines for the submission of applications?

Yes. There are three (quarterly) calls of interest per year for applications. No applications will be considered after one of the specified dates but will be deferred to the next call of interest. For example if you apply on November 2 then it will not be reviewed until February 28.

- September 30
- February 28
- May 31

The committee will strive to meet within two weeks after each deadline to review the proposals. If your event falls within these dates then please apply in the quarter before. For example if your event is scheduled to happen November 1 then you should apply using the June 30 deadline. **The committee will not fund an event that has already happened.**

What is community grants used for?

The Community Grant can be used to fund a variety of activities/initiatives that promote one or more of the following areas of wellness:

Healthy Living (e.g. healthy living, physical activity, being smoke free)

Healthy Environment (e.g. recycling program, pollution education)

Mental Health (e.g. stress management, coping skills, self-esteem building)

Although these are presently our priority areas, the Coalition accepts proposals for the following: **Injury Prevention, Health Protection, Chronic Disease Prevention and Child and Youth Development.**

What will not be funded /not eligible?

- Contributions to fund-raising drive; annual or otherwise.
- Core operating expenses (salaries, utility bills).
- Capital expenditures (computers, office equipment, exercise equipment)
- Scholarships or bursaries being awarded to individuals.
- Infrastructure (initiatives that may require construction, maintenance, etc.)
- Conferences unless it can be demonstrated how the community / region would benefit

What amount of funding will be available?

The total amount of funding designated for this program is **\$15,000**. Grants are available for a maximum of **\$1000**. The NRWC Steering Committee reserves the right to determine what projects will receive funding and the amount.

School Trips

For school trips we are allocating \$15 dollars per person to a maximum of \$500. The trip must still meet the criteria set out in the guideline above. Please note schools are not guaranteed to get the maximum depending on applications.

How do groups/individuals apply for a Community Grant?

Each group/individual must complete an application that has been included in this package. Potential recipients are asked to mail, email or fax the document to the Northern Regional Wellness Coalition using the address indicated on the form.

Note: Tips for completing the application are provided in this package.

How and when will successful applicants be notified?

All applications will be reviewed by the Northern Regional Wellness Coalition – Steering Committee using a criteria checklist to generate discussion. Potential applicants will be informed via letter/fax/email of the status of the application in a timely manner.

Do grants recipients have to complete a final report for the Coalition?

Yes. All grant recipients will be required to submit a final report with pertinent evaluation. Please refer to the *tracking form* included in this package. When completed please send via mail, email or fax to the address indicated. We also require a detailed expense list outlining where the money was spent.

It is to your advantage to provide the committee with as much detail as possible to help the committee make their decision.